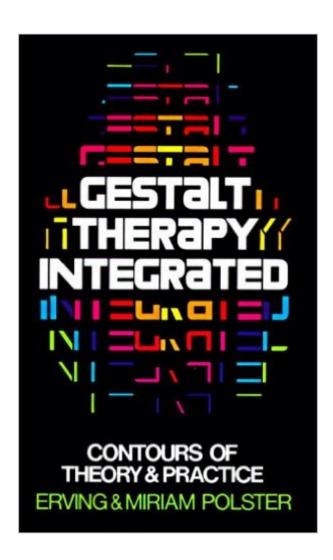
The book was found

Gestalt Therapy Integrated: Contours Of Theory & Practice





Synopsis

Explains the fundamentals of the behavioral theory that is based on an integrated view of the personality. For the student and the professional.

Book Information

Mass Market Paperback: 329 pages

Publisher: Vintage; First Vintage Books Edition edition (July 12, 1974)

Language: English

ISBN-10: 0394710061

ISBN-13: 978-0394710068

Product Dimensions: 4.2 x 0.7 x 6.9 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars Â See all reviews (9 customer reviews)

Best Sellers Rank: #468,208 in Books (See Top 100 in Books) #209 in Books > Medical Books > Psychology > Movements > Behaviorism #293 in Books > Science & Math > Behavioral Sciences > Behavioral Psychology #1406 in Books > Medical Books > Psychology > Psychotherapy, TA &

NLP

Customer Reviews

Erv and Miriam Polster were two major stars in the pantheon of psychotherapy, Gestalt therapy in particular. They were strongly influenced by the ideas of Isadore From and Lore Perls, with whom they studied at the Cleveland Institute of Gestalt Therapy and in New York City. For many years they trained practitioners in the methods of Gestalt therapy through their training center in La Jolla. They also did workshops across the US and abroad. This book is written in the 1970's and shows it, with its somewhat flowerly and gushy style. However it is probably the best book around for someone who wants to know a bit about the theory and practice of this approach first-hand, from two people who really knew what they were doing.

I was fortunate to study with Erv and Miriam Polster in the late 1970's. This book I recently reread and it sure stands the test of time. Little did I know when I studied with the Posters how influential they would be in the development of Gestalt therapy. This book is extremely helpful and destroys the myths often perpetrated about Gestalt therapy! I had forgotten just how good this book is!Charlotte Mabry, Ed.D.

Everyone who plans to study psychology or are in any medical care profession should learn the information in this book so that they can understand and communicate with clients & patients in more understanding ways. Invaluable for lawyers, law-enforcement professionals, etc. 7/3/15; 3:03 AM in New Orleans

I agree with another reviewer that this text is somewhat dated, but it is still one of the "must reads" for a gestalt-literate therapist. Perhaps not as purely practiced as some of the major schools of psychotherapy, and unfortunately more often misunderstood to be a group of therapeutic techniques, the philosophical and theoretical underpinnings of the Gestalt model will continue to form the gestalt of all good clinical practice!

This basic introduction to gestalt therapy, first published thirty years ago, is relatively easy to read and covers quite a lot of concepts and practices. It also provides many anecdotal accounts of example cases to help illustrate its themes.

Download to continue reading...

Gestalt Therapy Integrated: Contours of Theory & Practice Gestalt Therapy: An Introduction to the Basic Concepts of Gestalt Therapy In Search of Good Form: Gestalt Therapy with Couples and Families (Gestalt Institute of Cleveland Book Series) Art Therapy and Music Therapy Bundle: (Expressive Arts, Movement Therapy, Art Therapy Trauma, Therapy Books) Gestalt Therapy: History, Theory, and Practice Gestalt Therapy: Therapy of the Situation Stuttering Therapy: An Integrated Approach to Theory and Practice Speech Therapy for Kids: Techniques and Parents Guide for Speech Therapy (speech therapy, speech therapy materials) The Church (Contours of Christian Theology) Global Shift, Seventh Edition: Mapping the Changing Contours of the World Economy The Healing Relationship in Gestalt Therapy Gestalt Therapy and Spiritual Perspective: The InnerSense Collection The Gestalt Approach & Eye Witness to Therapy Gestalt Therapy Now Aggression, Time, and Understanding: Contributions to the Evolution of Gestalt Therapy The Gestalt Therapy Book Knowledge Development in Nursing: Theory and Process, 9e (Chinn,Integrated Theory and Knowledge Development in Nursing) Design Research in Information Systems: Theory and Practice: 22 (Integrated Series in Information Systems)

Dmca